| **Student:** Marcus |
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| **Topic:** That we should limit social media to one hour per day for adults |
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**My Teacher’s Observations and Feedback**

| **What was the BEST thing about my speech?** | * Nice work on showing that parents spend a lot of time on social media. * Good work on defining social media. (extend beyond the reels though). * Nice work on explaining that adults still have an option to watch this for one hour which is enough time to watch this. * Good work on explaining how social media recommendations work and how those influence you and cause addiction. * Much better speech than last time. * Good vocal projection.   4:00 | |
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| **What part of my speech NEEDS IMPROVEMENT?** | * Try to show why parents have no choice or self control in regulating their social media use. * You don’t need to do worst case/ best case analysis in the first speech - this is usually done at the end of debate to clarify how the debate played out. Since they have not said a world - it is unclear what their best case scenario is. * Try to show when you can only watch something for one hour, you are likely to focus only on the useful content. * You need to clarify how the one-hour policy is enforced. | |

| **Student:** Charlotte Rabillier |
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| **Topic:** That we should limit social media to one hour per day for adults |
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**My Teacher’s Observations and Feedback**

| **What was the BEST thing about my speech?** | * Nice work on showing how social media promotes interaction. * Good work on showing that adults have a lot of options to make friends and enjoy content online. * Good work on showing that adults can choose to do things that will make them healthy in addition to social media use.   4:00 | |
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| **What part of my speech NEEDS IMPROVEMENT?** | * Try to minimize the pauses in your speech. * Try to compare the harms of social media with the idea of freedom of choice for adults. * Try to address the POI. * Try not to be distracted by your opponents and your audience. * You want to explain why adults will be able to self regulate themselves. * Try to also show why one hour is unfair. | |

| **Student:** Victoria |
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| **Topic:** That we should limit social media to one hour per day for adults |
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**My Teacher’s Observations and Feedback**

| **What was the BEST thing about my speech?** | * Good work on the hook. * Nice work on showing how social media uses the data collected by the users to make sure that people will be addicted to the content there. * Good work on showing the alternative use of that time and how this will help them. * Good work on showing the effects on family life and personal life.   3:15 | |
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| **What part of my speech NEEDS IMPROVEMENT?** | * Try to maintain eye contact with the audience. * You want to show why even adults can’t protect themselves from these effects. * You need to show why adults will use the time in the way that you suggested. Show why they already want to do this. * Also try to show when social media is only one hour - people will focus on the most important information as opposed to everything. | |

| **Student:** Ally |
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| **Topic:** That we should limit social media to one hour per day for adults |
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**My Teacher’s Observations and Feedback**

| **What was the BEST thing about my speech?** | * Nice work on showing how social media is a good informative and communication tool that has positive impacts on people. * Nice explanation to suggest that a lot of adults are responsible enough to make this choice. * Good work on showing that people release stress through engagement in social media. * Nice work on showing that social media offers some real-time updates about different issues.   3:35 | |
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| **What part of my speech NEEDS IMPROVEMENT?** | * Try to show what kind of critical information you will miss out when you are in social media for a limited amount of time. * You want to explain what a responsible social media use looks like. * We need a better structure for the rebuttal and more rebuttals as well. | |

| **Student:** Charlotte |
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| **Topic:** That we should limit social media to one hour per day for adults |
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**My Teacher’s Observations and Feedback**

| **What was the BEST thing about my speech?** | * Nice work on showing that people are spending a lot of time away from their family. * Good work on structuring your ideas in your rebuttals. Good rebuttals as well. * Nice work on showing how you can have a better life without social media.   3:00 | |
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| **What part of my speech NEEDS IMPROVEMENT?** | * When you say that it is easy to get distracted online - try to explain why that distraction is harmful. * You also want to respond to ideas of information in social media. Show how 1 hour is enough for this. * You need to show why adults can’t make responsible decisions when they are on social media. | |

| **Student:** Valerie |
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| **Topic:** That we should limit social media to one hour per day for adults |
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**My Teacher’s Observations and Feedback**

| **What was the BEST thing about my speech?** | * Nice work on showing the responsibilities for adults and how that is linked to social media use. * Good work on showing that adults deserve a freedom of choice on doing what they want. * Good work on explaining how you can learn a lot of things online. * Good work on showing how happy adults can deliver more productivity.   3:13 | |
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| **What part of my speech NEEDS IMPROVEMENT?** | * A lot of the benefits that you talk about are linked to phones in general and not to social media. * You need a better structure for rebuttal. * You need to write ideas in larger, clearer handwriting. * We need more explicit comparisons of our ideas with the other side. | |

| **Student:** Isabella |
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| **Topic:** That we should limit social media to one hour per day for adults |
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**My Teacher’s Observations and Feedback**

| **What was the BEST thing about my speech?** | * Nice work on showing how adults have skipped important time with family and friends to be on social media. * Good work on identifying how ideas from your side were untouched from the other side. * Good work on explaining the strategic errors from the other side. * Nice clarification that this is a debate about limits and not a ban. * Good work on showing the alternatives of social media in case of emergencies.   2:45 | |
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| **What part of my speech NEEDS IMPROVEMENT?** | * You want to show why the 1 hour restriction will be effective. * Try to show the value of the points you believe the opposition side ignored by showing the consequences on the lives of adults and their families. * You want to try to minimize the pauses in your speech. | |